

Maine Cancer Rehabilitation & Supportive Care Services

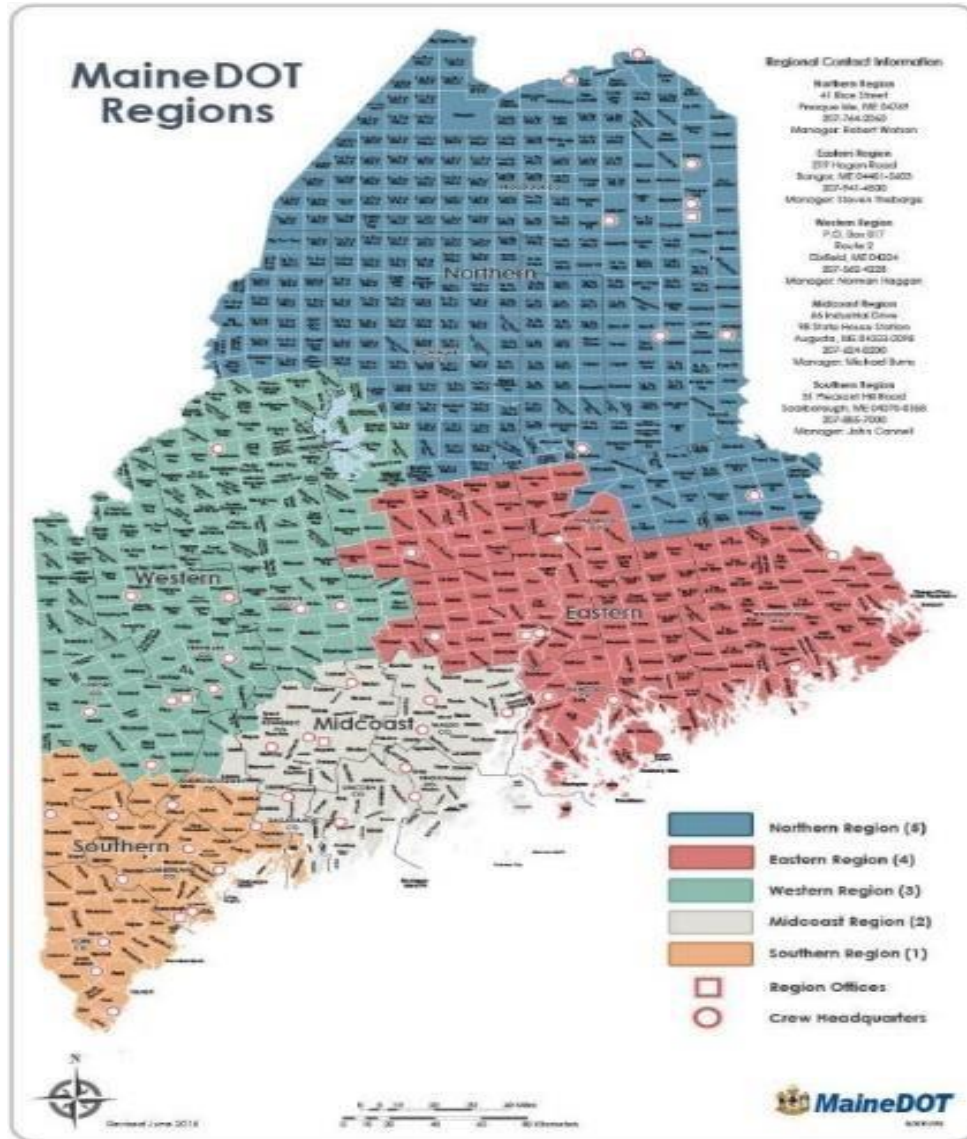


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Service/Discipline	Service Purpose/Goals
<i>Art Therapy</i>	Art therapy is an integrative mental health practice for individuals, families, and communities using active art-making, creative process, applied psychological theory, and human experience.
<i>Driving Assessments</i>	Safety assessments, driver retraining, and referral for vehicle adaptations/modifications
<i>Genetic Counseling</i>	Evaluates personal and family cancer histories to assess inherited cancer risks
<i>Licensed Clinical Social Workers</i>	Individual, couple and family counseling, transition to illness, psychosocial assessments and treatment, education on self-management and coping mechanisms
<i>Lymphedema Management</i>	Complete Decongestive Therapy for facial, trunk, UE, and LE lymphedema. Includes: manual lymphatic draining, compression, skin care education, and exercise (OT or PT)
<i>Music Therapy</i>	The clinical and evidence-based use of music interventions to accomplish individualized goals such as pain reduction, stress management, expression of emotions, and promotion of wellness.
<i>Medical Hypnosis/ Hypnotherapy</i>	An artificially produced state of consciousness, which allows for greater responsiveness to suggestion. Applications include claustrophobia, tobacco cessation, anxiety, distress, and pain
<i>Neuropsychology Testing</i>	Assessment of cognitive abilities including speed of information processing, attention, memory, language, and executive functions
<i>Occupational Therapy (OT)</i>	Addresses daily life skills including self-care, work and leisure activities, cognition, and upper extremity and hand function. Determines necessary adaptations and equipment needs.
<i>Pelvic Floor Rehabilitation (PT)</i>	Physical therapy for the pelvic floor and pelvic girdle muscles to address urinary and fecal incontinence, pelvic pain, dyspareunia, prolapse, and/or impotence
<i>Physical Therapy (PT)</i>	Addresses weakness, range of motion deficits, functional impairments (transfers and bed mobility), pain, postural deviations, balance disorders and fall risk, and gait disorders
<i>Sex Therapist</i>	Addresses the physiological processes associated with sexual dysfunction
<i>Sleep Medicine/ Diagnostics, CBT- Insomnia</i>	Evaluation and treatment of sleep disturbances including insomnia, circadian rhythm disturbances and daytime sleepiness. Initial consultation is with a board certified sleep medicine physician. May involve a sleep study in a sleep center or a home sleep monitor. Cognitive Behavioral Therapy (CBT) has been shown to help insomnia.
<i>Speech-Language Pathology, Speech Therapy</i>	Addresses voice function, swallowing assessments, communication strategies, cognition, and executive functioning skills. Transesophageal Voice Prosthesis (TEP) replacement available at Waldo General.
<i>Supportive Services</i>	Support groups, fitness programs, Yoga, massage, Reiki, meditation, nutrition support
<i>Tobacco Cessation</i>	Evidence-based support for all forms of tobacco and vaping
<i>Tinnitus Retraining</i>	Audiology: Teaches methods to cope with tinnitus on a conscious and subconscious level
<i>Vestibular Rehab</i>	A specialized rehabilitation for inner ear disorders, most often offered by physical therapists
<i>Weight Management</i>	Medical weight management incorporates best medical practices for safe and effective support of long-term weight loss.
<i>Wheelchair Clinics</i>	Fitting for custom mobility options and seating systems, both manual and power

STATEWIDE (Multi-site, Telehealth and Virtual Options)

<i>Art Therapy</i>	Statewide list specifying therapists accepting new patients: Find the Best Cancer Therapists and Psychologists in Maine - Psychology Today	
<i>AYA Survivorship Clinic</i>	Consultations for survivorship education, and screening and monitoring for new or recurrent cancers and/or long term and late effects of cancer treatment. Ages: pediatrics < 18; AYA: ≥ 18 Adolescent and Young Adult (AYA) Cancer Survivorship Clinic Maine Medical Center Portland, ME (mainehealth.org)	AYA: 207-396-7788 For the Pediatric Survivorship clinic: 207-396-7565
<i>Genetics Counseling</i>	Cancer Risk & Prevention Clinic 100 Campus DR STE 121 Scarborough, ME 04074 Cancer Risk Prevention Clinic Maine Medical Center Portland, ME (mainehealth.org)	207-396-7270
<i>Hypnosis</i>	Atlantic Hypnotherapy, Maggie Clement, 208 Vaughan Street, Portland, Maine. Atlantic Hypnotherapy Hypnosis Services Portland, Maine (portlandmainehypnosis.com)	207-807-6270
	The Maine Hypnosis Center, Amber Cox, 444 Main Street, Lewiston, Maine 04240 Maine Hypnosis Center - Amber Cox Professional Hypnosis	207-318-7751
<i>Maine Quit Link</i>	Phone coaching, web coaching and individual services including nicotine replacement gum and patches Quit Smoking Quit Vaping The QuitLink (mainequitlink.com)	1-800-QUIT-NOW
<i>Sex Therapy</i>	New England Sex Therapy: Jassy Casella Timberlake M.Ed., LMFT, CST New England Sex Therapy, LLC – Jassy Timberlake, M.ED, LMFT, CST	413-587-0095
	Leslie Schover, PhD: Telehealth for sexuality, fertility, and cancer or other chronic illness Leslie R. Schover, PhD - Psychology (clientsecure.me)	schover@will2love.com 832-644-0406
	Maine Sex Therapists: Find the Best Sex Therapy and Psychologists in Maine - Psychology Today	
<i>Sleep Medicine</i>	MaineHealth locations/board-certified sleep medicine providers (offices in Portland, So. Portland, Biddeford, Kennebunk, Scarborough, Lewiston, Brunswick, and North Conway)	Find a Provider MaineHealth
	St. Mary's Center for Sleep Disorders (St. Mary's Auburn Medical Office Building)	https://stmarysmaine.com/services/sleep/
	Northern Light locations/board-certified sleep medicine providers (offices in Presque Isle, Greenville, Waterville, Ellsworth, and Blue Hill)	Sleep Medicine - Northern Light Health – Find a Provider in Maine
	Central Maine Medical Center locations/ board-certified sleep medicine providers (offices in Lewiston)	Central Maine Sleep Medicine - Central Maine Healthcare (cmhc.org)
	James Clairborn, Ph.D., ABPP, Cognitive Behavioral Therapy-Insomnia James Claiborn Ph.D. ABPP - Psychologist Specializing in Anxiety, OCD & Related Disorders (drclairborn.info)	207-799-0408
<i>Supportive Services</i>	The Association of Maine Cancer Support Centers maintains a list of support programs available across Maine, many with virtual offerings AMCSC - Virtual Programs - Monthly List.docx - Google Drive	N/A
	Virtual: Beth C. Wright Center Cancer Resources at Beth Wright Cancer Center - Ellsworth	207-664-0339
	Virtual: Cancer Resource Center of Western Maine Contact - Cancer Resource Center of Western Maine (crcofwm.org)	207-890-0329
	Virtual: Dempsey Center Dempsey Center	1-877-336-7287

WESTERN REGION (Franklin, Oxford, Somerset)

Franklin County						
<i>Rehab Location/Rehab Service</i>	<i>PT</i>	<i>OT</i>	<i>Lymphedema</i>	<i>Pelvic Floor</i>	<i>Speech Therapy</i>	<i>Vestibular Rehab</i>
Franklin Memorial Hospital: Physical Rehabilitation 111 Franklin Health Commons Farmington, ME, P: 207-779-2620 Physical Rehabilitation Sports Medicine Franklin Community Health Network Farmington, ME (mainehealth.org)	X	X	X	X	X	X
Saco Bay Physical Therapy 176 Livermore Falls Rd Unit 1 Farmington, ME 04938, P: 207-778-3370 Farmington (sacobaypt.com)				X (peds and adult female)		X
<i>Licensed Clinical Social Worker</i>	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=franklin-county					
<i>Supportive Services</i>	Virtual: Dempsey Center Dempsey Center 1-877-336-7287					
Oxford County						
<i>Rehab Location/Rehab Service</i>	<i>PT</i>	<i>OT</i>	<i>Lymphedema</i>	<i>Pelvic Floor</i>	<i>Speech Therapy</i>	<i>Vestibular Rehab</i>
Western MaineHealth/Stephens Memorial Hospital Physical Rehabilitation Bob & Sandy Bahre Health Center 159 Main Street Norway, ME 207-744-6160 Rehabilitation Therapy Western Maine Health Norway, ME	X	X	X	X	X	X
Saco Bay 176 Main Street Norway, ME 04268, 207-743-5493				X		X
<i>Licensed Clinical Social Worker</i>	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=oxford-county					
<i>Supportive Services</i>	Cancer Resource Center of Western Maine (<i>supports Oxford Co. only</i>) 199 Main St., Norway, ME 04268, P: 207-890-0329 Contact - Cancer Resource Center of Western Maine (crcofwm.org)					
Somerset County						
<i>Rehab Location/Rehab Service</i>	<i>PT</i>	<i>OT</i>	<i>Lymphedema</i>	<i>Pelvic Floor</i>	<i>Speech Therapy</i>	<i>Vestibular Rehab</i>
Redington-Fairview General Hospital Rehab & Fitness Services 57 Fairview Avenue Skowhegan, ME 04976 P:207-474-7000 Rehab And Fitness Services / Redington-Fairview General Hospital (rfgh.net)	X	X	X	X	X	X
Sebasticook Hospital- Northern Light Rehab Services 141 Leighton Street, Pittsfield, ME, 04967 P:207-487-9293, F:207-487-4594 Rehabilitation - Northern Light Health	X	X	X		X	X

<i>Licensed Clinical Social Worker</i>	https://www.healthaffiliatesmaine.com/find-a-counselor/?region=206&population=&insurance	
<i>Supportive Services</i>	Virtual: Dempsey Center Dempsey Center	1-877-336-7287

SOUTHERN REGION (Androscoggin, Southern Cumberland, York)

Androscoggin County						
<i>Rehab Location/Rehab Service</i>	<i>PT</i>	<i>OT</i>	<i>Lymphedema</i>	<i>Pelvic Floor</i>	<i>Speech Therapy</i>	<i>Vestibular Rehab</i>
St. Mary's Center for Physical Rehabilitation 15 Gracelawn Road Auburn, ME 04201, P: 207-753-3070 Maine Cancer Care & Wellness Services St. Mary's Health System - Lewiston, Maine (stmarysmaine.com)	X	X	X		X	X
Select Physical Therapy: ReVital Cancer Rehab 690 Minot Ave. Suite 2 Auburn, ME 04210 Auburn (revitalcancerrehab.com) P:(207) 783-3450, F:207-777-3979	X			X		
Saco Bay 1399 Main Street Poland, ME 04274, P: 207-998-5493	X			X Peds, Adult Female		X
<i>Tinnitus Retraining</i>	Central Maine Audiology: 475 Pleasant St #11 Lewiston, ME 04240 and 65 Lincoln Ave. Rumford, ME 04276 207-782-1160 Tinnitus Treatment in Lewiston & Rumford ME (hearmaine.com)					
<i>Neuropsychologist</i>	Goodwill Neurorehab Center 68 Main Street Lewiston, ME 04240, P: (207) 513-5515 NeuroRehab Services help rehabilitate a brain injury in Maine and via telehealth (goodwillnne.org)					
<i>Licensed Clinical Social Worker</i>	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=androscoggin-county					
<i>Supportive Services</i>	The Dempsey Center 29 Lowell Street Lewiston, ME 04240 DempseyCenter 1-877-336-7287					
Cumberland County						
<i>Rehab Location/Rehab Service</i>	<i>PT</i>	<i>OT</i>	<i>Lymphedema</i>	<i>Pelvic Floor</i>	<i>Speech Therapy</i>	<i>Vestibular Rehab</i>
New England Rehabilitation Hospital 335 Brighton Ave. Unit 201 Portland, ME New England Rehabilitation Hospital of Portland, a Joint Venture of Maine Medical Center and Encompass Health - Outpatient Services P:207-775-4000, F:207-662-8446	X	X			X	X
MMC Outpatient Services (Prior authorization required; Referral #5006) *for concurrent chemoradiation head & neck cancer survivors only* 100 Campus Drive Suite 121 Scarborough, ME, P: 207-396-8572					X	

Maine Strong Balance Center 400 Enterprise Drive, Suite #4 Scarborough, ME Services Maine Strong Balance Center (207) 303-0612	X					X
Saco Bay: ReVital Cancer Rehab • 45 Western Ave South Portland South Portland (sacobaypt.com) (207) 772-2625	X					
• 829 Main Street Westbrook Westbrook (sacobaypt.com) (207) 854-1239	X					
• 325 US Route 1 Falmouth Falmouth (sacobaypt.com) (207)-781-2741	X					
• 1274 Congress St Portland Portland - Outer Congress (revitalcancerrehab.com) (207)-888-0900	X	X			X	
Seacoast Hand Therapy 308 US Route 1, Suite E-1 Scarborough, Maine 04074 Seacoast Hand Therapy Caring partners in healing P: 207-303-3030		X	X			
Northern Light Mercy Lymphedema Treatment Center 1364 Congress Street, #3 Portland, ME 04102, P: 207 400-8520 Northern Light Mercy Hospital - Northern Light Health	X	X	X			
Bridgton Hospital Therapy Services 25 Hospital Dr. Bridgton, ME 04009, P: 207-647-6145 Outpatient Therapy: Specialty Programs Central Maine Healthcare (cmhc.org)	X	X	X			X
Scarborough Physical Therapy 51 US-1 J Scarborough, ME 04074, P: 207-8831227 Physical Therapy and Rehabilitation Professionals in Southern Maine – Scarborough Physical Therapy	X			X		X
Kou Physical Therapy 619 Brighton Ave, Portland, ME 04102, P: 207-358-8161 Home - Women's Health and Pelvic Floor PT in Portland, ME (korumaine.com)	X			X		
Saco Bay	X					
• 1601 Congress Street Portland, ME 04092, P:207-774-5710	X	X		X- Peds	X	X
• 55 Spring St. Scarborough, ME, P: 207-396-5165	X			X- Adult Male		
• Oak Hill Plaza 25 Plaza Drive Scarborough, ME 04074, P: 207-289-1010	X			X- Adult Male/ Female		
• 154 Main St Bridgton, ME 04009, P: 207-647-5493	X			X- Peds, Adult Female		
• 4 Commons Ave Suite 40 Windham, ME 04092, P: 207-892-7642	X			X- Adult Female		
Weight Management	Weight and Wellness Program Weight Wellness Program Maine Medical Center Portland, ME (mainehealth.org)		P: 207-661-6064 F: 207-253-6073			
	41 Donald B. Dean Drive Suite A South Portland, ME 04106					

Driving Assessments	New England Rehabilitation Hospital 335 Brighton Ave. Unit 201 Portland, ME DriveABLE™ Encompass Health	P:207-775-4000 F:207-662-8446
	Alpha One 127 Main St South Portland, ME 04106 Adaptive Driver Evaluation Alpha One (alphaonenow.org)	207-767-2189
Wheelchair Clinic	New England Rehabilitation Hospital 335 Brighton Ave. Unit 201 Portland, ME	P:207-775-4000 F:207-662-8446
	Inpatient Rehabilitation Hospital Portland New England Rehabilitation Hospital of Portland, a Joint Venture of Maine Medical Center and Encompass Health	
Tinnitus Retraining Therapy	Fagan Center for Audiology 985 Forest Ave Portland, ME 04103 Tinnitus Treatment Portland, ME Fagan Center for Audiology (faganhearing.com)	P: 207-228-9758
	Northern Light Mercy Hospital ENT (Kelly Lynch, Audiologist) 195 Fore River Parkway Northern Light Mercy Health Center, Suite 210 Portland, ME 04102, P:207-535-1150 Northern Light Mercy Hospital - Northern Light Health	
Sex Therapist	Jennifer Wiessner, LCSW 20 Labrador Ln Cumberland, ME, P: 207-400-7808 Welcome - Jennifer Wiessner (jenniferwiessnerhealthysexuality.com)	
	The Couples Center: Robert Feintech, PhD 15 Greystone Rd Gray, ME 04039 *Telehealth Available* Individual & Couples Therapy in Portland, ME Individual & Couples Counseling (thecouplescentermaine.com) P: 207-415-2908	
Sleep Medicine/ CBT-Insomnia	Dr. Hannah Taylor, The Maine Sleep Center at Chest Medicine Associates, 100 Foden Rd #103, Portland 04106, P: 207 828-1122, Chest Medicine Associates: About Us Who We Are (cmamaine.com)	
	Dr. Julien Perille, Psy.D, 205 Ocean Avenue Portland, Maine 04103 (<i>Treatment offered in English, Spanish and French</i>) P: (207) 619 – 0608; F: (207) 773 – 5512 About Me Dr. Perille Counseling (drperillecounseling.com)	
Art Therapy	Creative Transformations, LLC 56 William St, Portland, ME 04103 www.creative-transformations.com P: 207-370-5520	
Music Therapy	Maine Music & Health, LLC. South Portland, ME mainemusicandhealth.com	P: (207) 233-8734
Neuropsychology Testing	Maine Medical Center Neuropsychological Testing Services 216 Vaughn Street Portland, ME 04102	P:207-662-2763 F:207-662-6957
	Maine Medical Center Neuropsychological Testing Services MaineHealth	
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=cumberland-county	
Supportive Services	The Dempsey Center 778 Main Street South Portland, ME Dempsey Center	1-877-336-7287
	LIVESTRONG at the YMCA: Greater Portland 70 Forest Ave, Portland	207.874.1111
	LIVESTRONG at the YMCA: Casco Bay Branch 14 Old South Freeport Rd, Freeport LIVESTRONG at the YMCA - YMCA of Southern Maine	207.865.900

York County

<i>Rehab Location/Rehab Service</i>	<i>PT</i>	<i>OT</i>	<i>Lymphedema</i>	<i>Pelvic Floor</i>	<i>Speech Therapy</i>	<i>Vestibular Rehab</i>
Southern Maine Health Care McGeachey Medical Office Building P: 207-283-7226 46 Barra Road Biddeford, ME Rehabilitation Services Southern Maine Health Care Biddeford, ME	X	X	X		X	X
Maine Strong Balance Center 15 Lund Rd Unit 104 Saco, ME 04072 P: 207-494-8029 Services Maine Strong Balance Center	X					X
York Hospital Physical Therapy York Maine Rehabilitation Maine York Hospital • Long Sands 127 Long Sands Road York, ME, P: 207-361-3888	X	X	X	X		X
• 3 Loving Kindness Way York, ME, P: 207-351-3428	X	X			X	
• Wells Physical Therapy 112 Sanford Rd Wells, ME, P: 207-646-0373	X		X			X
• 75 US Route 1 Bypass, Kittery, ME, P: 207-475-1160	X					X
• 57 Portland Street, South Berwick, ME, P: 207- 384-7260	X	X			X (peds)	X
Atlantic Rehab & Lymphedema Center Suite 205, #37 Route 236 Kittery, ME 03094 Lymphedema / Lipedema (atlanticrehabservices.com) P: 603-743-8790		X	X			
Saco Bay: ReVital Cancer Rehab						
• 65 Portland Road Unit 5 Kennebunk, ME 04043 Kennebunk (revitalcancerrehab.com) P:207-985-6181, F:207-985-6239	X					
• 45 Wells Plaza Unit 10 Wells, ME 04090 Wells (revitalcancerrehab.com) P:207-641-2292, F:207-641-2256	X					
• 400 North Street Suite 2 Saco, ME 04072 Saco (revitalcancerrehab.com) P: 207-282-7121	X					
• 8 Market Place Drive York, ME 03909 York (sacobaypt.com) P: 207-363-0888	X			X		
• 9 Hannaford Drive Buxton, ME P: (207) 815-4001, F: (207) 815-4002						
Saco Bay Peds 895 Portland Road, Saco, ME 04072 Pediatric Therapy Saco Bay Orthopaedic & Sports Physical Therapy (sacobaypt.com) P:207-439-5104	X			X Peds		
Psychologist						
Mimi Wolfenstein, PhD 62 Portland Road, Suite 42 Kennebunk, ME 04043, P: 207-558-1645						
Dr. Mimi Wolfenstein, PhD, Psychologist, Kennebunk, ME, 04043 Psychology Today						

Neuropsychology testing	Laura Slap-Shelton, PsyD 28 West Cole Road Suite 101 Biddeford, ME 04005, P: 207-294-7471 SlapShelton Neuropsychology Mental Health Services Biddeford, ME (slapsheltonneuropsychologygroup.com)	
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=york-county	
Music Therapy	Rhythm And Strings Music Therapy, Llc 13a Morse St, Berwick, Me 03901 Granite State Music Therapy, LLC	P: (603) 988-4291
	The Music Therapy Group 7 Evergreen Dr, Arundel, ME beyournote.com	P: (207) 467-3372
Supportive Services	The Dempsey Center 778 Main Street South Portland, ME Dempsey Center	P: 1-877-336-7287

MID COAST REGION (Northern Cumberland, Kennebec, Knox, Lincoln, Sagadahoc, Waldo)

Kennebec County							
Rehab Location/Rehab Service		PT	OT	Lymphedema	Pelvic Floor	Speech Therapy	Vestibular Rehab
Maine General Outpatient Physical Therapy 15 Enterprise Drive, Suite 100 Augusta, ME 04330 Supportive Services Augusta, ME MaineGeneral (207) 621-7500 Physical Therapy Maine MaineGeneral Speech Therapy Maine MaineGeneral		X	X	X	X	X	X
Maine General Outpatient Physical Therapy 107 FirstPark Drive Oakland, ME 04963 Lymphedema Care Maine MaineGeneral (207)-873-8140		X	X	X	X	X	X
Saco Bay 42 Water St. Hallowell, ME 04347, P: 207-460-4177		X			X Adult female		
Weight Management	Maine General Bariatric Center 6 E Chestnut St, Augusta, ME 04330 Weight Loss Surgery Augusta, ME MaineGeneral	(207) 626-1078					
Wheelchair Clinic	Maine General Outpatient Physical Therapy 15 Enterprise Drive, Suite 100 Augusta, ME 04330 Wheelchair Clinic Maine MaineGeneral	(207) 621-7500					
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=kennebec-county						

Knox County							
Rehab Location/Rehab Service		PT	OT	Lymphedema	Pelvic Floor	Speech Therapy	Vestibular Rehab
Pen Bay Physical and Occupational Therapy Pen Bay Physicians Building 4 Glen Cove Drive, Suite 109 Rockport, ME Physical Occupational Therapy Pen Bay Medical Center Rockport, ME (mainehealth.org) 207-301-5500		X	X	X	X	X	X
Neuropsychology Testing	Neuropsychology and Concussion Management Associates, PA 220 Union Street Rockport, ME 04856, P: (207) 594-2952 Neuropsychology and Concussion Management Associates (drkendrabryant.com)						
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=knox-county						
Lincoln County							
Rehab Location/Rehab Service		PT	OT	Lymphedema	Pelvic Floor	Speech Therapy	Vestibular Rehab
LincolnHealth St. Andrews Campus Wellness & Rehabilitation 6 St. Andrews Lane Boothbay Harbor, ME 04538, P: (207) 633-1928 Wellness Rehabilitation LincolnHealth Boothbay Harbor & Damariscotta, ME (mainehealth.org)		X	X	X	X	X	X
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=lincoln-county						
Music Therapy	Main Street Music Therapy 648 Main St, Damariscotta, ME 04543 mainstreetmusictherapy.com						
Sagadahoc + Northern Cumberland County							
Rehab Location/Rehab Service		PT	OT	Lymphedema	Pelvic Floor	Speech Therapy	Vestibular Rehab
Mid Coast Rehabilitation Center 329 Bath Rd Brunswick, ME, P: (207) 373-6175 Mid Coast Hospital Rehabilitation Services Maine (midcoasthealth.com) Head & Neck Cancer Care Speech Therapy Maine (midcoasthealth.com) Lymphedema Occupational Therapy Brunswick, Maine (midcoasthealth.com) Physical Therapy - Pelvic Health Therapy Midcoast Maine (midcoasthealth.com)		X	X	X	X	X	X
Saco Bay Physical Therapy 105 Topsham Fair Mall Road Topsham, ME 04086 Topsham (revitalcancerrehab.com) P: (207) 295-8090		X	X		X Adult Male/ Female		
Jade Integrative Health 12 Windorf Circle Brunswick, ME 04011 Brunswick Brunswick & Portland, Maine (jadeintegratedhealth.com)					X Adult Male/ Female, Peds		

Psychologist	Sheila A. Balog, PhD 63 Elm Street, Suite A Topsham, ME 04086 P: (678) 658-0952 Home: Psychological testing Psychological assessment McDonough, GA 30253 Topsham, ME 04086 (drsabassess.com)					
Sex Therapy	Susan Kamin, CNM, MSN, MPH 37 Mill St. Brunswick, ME 04011, P: (207)-835-1720 Lifecycle Women's Health (lifecyclewomenshealth.com)					
Licensed Clinical Social Worker	Find A Counselor - Health Affiliates Maine					
Waldo County						
Rehab Location/Rehab Service	PT	OT	Lymphedema	Pelvic Floor	Speech Therapy	Vestibular Rehab
Waldo County General Hospital Rehabilitation Services 118 Northport Ave Belfast, ME, P: 207-505-4186 Outpatient Physical and Occupational Therapy Waldo County General Hospital Belfast, ME (mainehealth.org)	X	X	X	X		X
Waldo County General Hospital Speech and Swallowing Center *Provides TEP replacement* 118 Northport Ave Belfast, ME, P: 207-505-4409 Voice and Swallowing Center (mainespeechtherapy.org)					X	
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=waldo-county					

NORTHERN REGION (Aroostook, Penobscot, Piscataquis)

Aroostook County						
Rehab Location/Rehab Service	PT	OT	Lymphedema	Pelvic Floor	Speech Therapy	Vestibular Rehab
Cary Medical Center Rehab Services 163 Van Buren Road, Suite 1Caribou, Maine 04736 Rehabilitation Services – Cary Medical Center: Caribou, ME P: (207) 498-3111	X	X	X		X	X
Driving Assessment	AlphaOne 66 Spruce Street Presque Isle, ME 04769, P: (207) 764-6466 Adaptive Driver Evaluation Alpha One (alphaononow.org)					
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=aroostook-county					

Penobscot County							
Rehab Location/Rehab Service		PT	OT	Lymphedema	Pelvic Floor	Speech Therapy	Vestibular Rehab
Northern Light Rehabilitation 905 Union Street Northern Light Health Center, Suite 9 Bangor, ME 04401 Physical Therapy - Northern Light Health P:207-973-8998, F: 207-973-7391		X	X			X	X
Northern Light Cancer Care of Maine in Brewer Lafayette Building 33 Whiting Hill Road Suite Brewer, ME 04412 Eastern Maine Medical Center - Northern Light Health P:207-973-8998, F: 207-973-7391		X	X	X			
Northern Light Rehabilitation: Main Hospital PO5 489 State Street Bangor, ME P:207-973-8998, F: 207-973-7391		X	X		X		
Pouzal Physical Therapy 33 Pen Plaza Suite B Bangor, ME 04401 PELVIC FLOOR REHABILITATION pouzolpt.com P: 207-990-2050		X			X		
Saco Bay 12 Stillwater Ave. Bangor, ME 04401 P: 207-942-2946		X			X, Adult male/female		
Saco Bay 601 Stillwater Ave Suite 5 Old Town, ME 04468, P: 207-817-0214		X			X, Adult male/female		
Weight Management		Northern Light Medical Weight Management 404 State Street, Acadia Medical Arts Building, Suite 310, Level 2, Bangor, ME, 04401-6623			P: 207-275-4440 F: 207-275-4865		
Driving Assessment	AlphaOne 11 Bangor Mall Blvd., Unit A Bangor, ME 04401, P: 207-941-6553 Adaptive Driver Evaluation Alpha One (alphaonenow.org)						
Neuropsychology Testing	Neuropsychology Service PA 277 State Street 2A, Bangor, ME 04401, P: (207) 990-2580 Neuropsychology Service, PA Home (neuropsychservice.com)						
	University of Maine Orono Psychological Services Center 301 Williams Hall Orono, ME P:207-581-2034, F:207-581-3299 Psychological Services Center - Psychology - University of Maine (umaine.edu)						
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=penobscot-county						
Sex Therapy	Dr. Sandra Caron at Bangor Counseling Center (very limited practice) P: 207-941-6434 Maria Baeza, Bangor, P: 207-942-2230 Rene Collins, Bangor, P: 207-942-6004						
Supportive Services	Caring Connections Program at the Bangor Region YMCA, P: 207-941-2808 caringconnections@bangory.org						
	LIVESTRONG at the Bangor Region YMCA 17 Second Street Bangor, ME 04401 https://www.bangory.org/fitness/healthmanagement/livestrong-at-the-ymca/ P: 207-941-2808						
	Christine B. Foundation- *Food Assistance- home delivery + pick up* Northern Light Cancer Care, Brewer Christine B. Foundation (chrisbfund.org) P: 207-573-9026						

Sarah's House of Maine (Holden): Provides lodging to patients receiving treatment and their caregivers in the greater Bangor area.
[Sarah's House \(sarahshouseofmaine.org\)](http://sarahshouseofmaine.org) P: 207-989-1683

Piscataquis County						
Rehab Location/Rehab Service	PT	OT	Lymphedema	Pelvic Floor	Speech Therapy	Vestibular Rehab
Mayo Regional Hospital 897 W. Main Street Dover-Foxcroft, ME 04426 Rehabilitation - Northern Light Health P:207-564-8401, F:207-564-4274	X	X		X	X	
Redington-Fairview General Hospital Rehab & Fitness Services 57 Fairview Avenue Skowhegan, ME 04976, P:207-474-7000 Rehab And Fitness Services / Redington-Fairview General Hospital (rfggh.net)	X	X	X			X
Licensed Clinical Social Worker	https://www.healthaffiliatesmaine.com/find-a-counselor/?county=piscataquis-county					
Supportive Services	Christine B. Foundation- *Food Assistance Pick-up* Mayo Hospital- Dover-Foxcroft Christine B. Foundation (chrisbfund.org) P: 207-573-9026					

EASTERN REGION (Hancock, Washington)

Hancock County							
<i>Rehab Location/Rehab Service</i>		<i>PT</i>	<i>OT</i>	<i>Lymphedema</i>	<i>Pelvic Floor</i>	<i>Speech Therapy</i>	<i>Vestibular Rehab</i>
Maine Coast Rehabilitation Services- Northern Light Rehabilitation 65 Church Street Ellsworth, ME 04605, P:207-664-5472, F:207-664-5476 Physical Therapy (emhs.org) Lymphedema Management (emhs.org) Speech Therapy (emhs.org)		X	X	X	X	X	X
Maine Coast Diabetes and Nutrition/ Pelvic Rehabilitation Services 306 Main St. Ellsworth, ME 04605-16 P: 207-664-5475, F: 207-664-5646 Pelvic Rehabilitation (emhs.org)		X			X		
Tinnitus Retraining Therapy		Audiology Center of Maine 77 Beechland Rd Ellsworth, ME 04605 P:207-430-3714, F:207-667-0706 Tinnitus Audiology Center of Maine (audiologymaine.com)					
Licensed Clinical Social Worker		https://www.healthaffiliatesmaine.com/find-a-counselor/?county=hancock-county					
Supportive Services	Beth C. Wright Center 23 Commerce Park Ellsworth, ME, P: 207-664-0339 Cancer Resources at Beth Wright Cancer Center - Ellsworth						
	Healthy Acadia, P: 207-479-1206 www.HealthyAcadia.org						
	Christine B. Foundation- *Food Assistance home delivery Hancock Co.* P: 207-573-9026 Christine B. Foundation (chrisbfund.org)						
Washington County							
<i>Rehab Location/Rehab Service</i>		<i>PT</i>	<i>OT</i>	<i>Lymphedema</i>	<i>Pelvic Floor</i>	<i>Speech Therapy</i>	<i>Vestibular Rehab</i>
Down East Community Hospital Physical Therapy 76 Dublin Street Machias, ME Down East Community Hospital - Community Hospital Machias Downeast Maine - Rehabilitation Department (dech.org) P: 207-255-3356		X	X	X	X	X	X
Coastal Physical Therapy Services (<i>early stage lymphedema only</i>) 1110 Main St. Harrington, ME 04643, P: 207-483-4022 Physical therapy Coastal Physical Therapy Services, LLC United States (coastalptservices.com)		X		X			X
Licensed Clinical Social Worker		https://www.healthaffiliatesmaine.com/find-a-counselor/?county=washington-county					
Supportive Services	Beth C. Wright Center 23 Commerce Park Ellsworth, ME, P: 207-664-0339 Cancer Resources at Beth Wright Cancer Center - Ellsworth						
	Healthy Acadia, P: 207-479-1206 www.HealthyAcadia.org						
	Christine B. Foundation- *Food Assistance home delivery Washington Co.* P: 207-573-9026 Christine B. Foundation (chrisbfund.org)						